AbadiaRural



Lavender honey in a pot, 40g

Honey is an extraordinary food that not only offers a delicious taste but also a myriad of health benefits. Rich in antioxidants, vitamins, and minerals, honey strengthens the immune system, aids digestion, and promotes skin health. Moreover, it is a versatile product that can be used in a variety of recipes, from marinades to desserts.

The crafting of honey is an ancient art, performed by bees that collect nectar from flowers and transform it into liquid gold in their hives.

Price: € 1.38

Honey, Cosmetics, and Health, Food and Dietary Products, Gift Suggestions

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